

# Melatonin Einschlafspray

## Melatonin falling asleep spray

### Product description:

Food supplement with sweetener, melatonin, passion flower extract and peppermint.

### Health claims:

Melatonin contributes to the reduction of time taken to fall asleep. The beneficial effect is obtained by consuming 1 mg of melatonin close to bedtime.

### Net quantity:

30 ml

### Ingredients:

Water, sweetener: sorbitols, xylitol; ethanol, melatonin, passion flower extract, preservative potassium sorbate, acid citric acid, peppermint oil

**Contains alcohol 5 % vol.**

### Nutrive content:

	Per 2 sprays
Melatonin	1,00 mg
Passion flower extract	0,33 mg

### Recommended daily consumption:

2 sprays approx. 30 minutes before going to bed, spray under the tongue.

**Warning notice:**

Excessive consumption may produce laxative effects.

Pregnant women, nursing mothers, before long-term use, as well as for persons taking medication, we recommend that you consult your doctor before consumption.

Take only before going to bed and not before operating machines or before driving a car.

Do not take with alcohol.

Only for consumption by adults aged 18 and over.

Once opened, consume within 3 months.

Do not exceed the stated recommended daily dose.

Food supplements should not be used as a substitute for a balanced and varied diet.

**Storage conditions:**

The product should be stored at room temperature, in a dry and dark place, always locked and out of the reach of young children.

**Supplier:**

Pharma Peter GmbH, Tarpenring 12, 22419 Hamburg

**PZN/ Article number:**

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