

# Kieselerde + Biotin Pulver

## Siliceous earth + biotin powder

### Product description:

Food supplement with the minerals silicon, calcium and vitamins C, biotin and D.

### Health claims:

Vitamin C contributes to normal collagen formation for the normal function of skin.

Biotin contributes to the maintenance of normal hair and skin.

Vitamin D contributes to the maintenance of normal bones, teeth and normal muscle function.

Calcium is needed for the maintenance of normal bones.

### Net quantity:

250 g

### Ingredients:

Gelatin (beef), fructose, siliceous earth, calcium carbonate, L-ascorbic acid, natural orange flavour, natural lemon flavour, D-biotin, cholecalciferol

### Nutrive content:

	Per 6g = measuring spoon
Siliceous earth	1,2 g
of which silicon	488 mg
Calcium	320 mg (40%)*
Vitamin C	94 mg (117%)*
Biotin	50 µg (100%)*
Vitamin D3	1,4 µg [56 I.U.]** (28%)*

\*Nutrient reference values of the EU

\*\*I.U. = International unit

### Recommended daily consumption:

Once a day 1 measuring spoon (= 6 g) of siliceous earth + biotin powder mixing with liquid (e.g. fruit juice or similar) and consume immediately.

The powder can also be mixed stirred into yoghurt or quark.

**Warning notice:**

Do not exceed the stated recommended daily dose.

Food supplements should not be used as a substitute for a balanced and varied diet.

Excessive consumption may produce laxative effects.

**Storage conditions:**

The product should be stored at room temperature, in a dry place, always locked and out of the reach of young children.

**Supplier:**

Pharma Peter GmbH, Tarpenring 12, 22419 Hamburg

**PZN/ Article number:**

08869660

**EAN:**

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**Date:**

March, 2022